

# Watermelon Chiller

Your childhood favourite just got an upgrade. Beat the heat with this fresh and fruity whole-food slushie.

Bet you didn't know this! Not only is watermelon fantastic for hydration, this juicy fruit can also help to lower your blood pressure, clean out plaque from the arteries, and reduce muscle soreness. Pair it with **CanPrev's Vegan Amino Acid Powders L-Taurine and L-Arginine** for extra heart and muscle support.

Kick back and sip on this all summer long.



Preparation time: 5 mins | Servings: 4



## Ingredients

- 2 cups frozen watermelon chunks
- 1 cup lemonade
- 6 ice cubes
- 2 cups sparkling water
- 1 tbsp agave nectar
- Lime wedges, for garnish
- 2 scoops L-Arginine powder
- 2 scoops L-Taurine powder

## Method

1. Add all ingredients to a blender, and blend on high until smooth.
2. Pour into glasses, garnish with lime and enjoy!

## Featured Products



## Developed by: Nicole Bowman



As a fitness and health enthusiast, Nicole combines her background in Human Nutrition with her passion for cooking to create delicious treats with functional benefits.

