

# Hibiscus Strawberry Mag Gummies

Who doesn't love a sweet gummy candy? This may not exactly be a true confection, we think it's even better.

You'll get all the anti-aging benefits of **CanPrev's Magnesium Bis-Glycinate 250 Powder** and **Collagen Beauty Powder** in one tangy, chewy little bite.

Whip up a batch of these fruity-floral DIY gummy snacks, and you'll see what all the fuss is about.



Preparation time: 15 mins | Servings: 2



## Ingredients

- 6 strawberries
- 2 tbsp lemon juice
- ½ cup filtered water
- 4 tsp gelatin powder
- 1 scoop Collagen Beauty Powder
- ½ scoop Magnesium Berry Hibiscus flavour

## Method

1. Make strawberry purée: add strawberries, lemon juice and filtered water, purée until smooth.
2. Add ⅔ of a cup of purée in small saucepan and warm on medium-low heat until it begins to simmer.
3. Whisk the gelatin in, stirring constantly.
4. Continue simmering over low heat until gelatin is melted, mixture should appear glassy and smooth.
5. Remove from heat and transfer to large measuring cup, whisk in collagen and magnesium powders.
6. Place gummy molds on a cookie sheet and pour mixture into molds (~30 gummies), and place in the fridge for a minimum of 6 hours to set.
7. Carefully pop gummies out of mold, and store in an airtight container in the fridge. Can be kept refrigerated for up to 2 weeks.

## Featured Products



## Developed by: Krista Goncalves



As a Certified Holistic Nutritionist and Certified Fitness Trainer, Krista is a strong believer in the power of real food along with high-quality supplements to live a healthy lifestyle.

