Pink Lemonade Elderberry Slushie

As the weather heats up, it's time to cool down with our vibrant Pink Lemonade Elderberry Slushie!

This refreshing treat boosts immunity with **CanPrev's Elderberry C Liquid** in a berry burst flavour and promotes relaxation with **Liposomal GABA**. The citrusy GABA enhances the lemon flavour, while elderberry highlights the raspberry notes. The perfect cross between a smoothie and a mocktail!













Ingredients

- 1 cup frozen raspberries
- 1 cup ice cubes
- ½ cup water
- ¼ cup lemon juice
- 4 tbsp sweetener of choice
- 2 tbsp Elderberry C Liquid
- 1 tbsp Liposomal GABA



Servings



Prep Time
10 mins

Directions

- 1) Add all of the ingredients to a blender and blend until smooth.
- 2) Divide into 2 glasses and serve immediately. Enjoy with a friend!





Joyce Baddour

Joyce is a health enthusiast and recipe creator on a mission to empower individuals to transform their health with delicious and nourishing blood sugar-friendly recipes.