

Cilantro Detox Dressing

Spice up your salads, spread on your sandwich or pair with the perfect pasta!

Fortified with **CanPrev's L-Glycine Powder** and **Fibre Feel**, and fresh cilantro, this light and zesty green dressing is versatile with its pairings, while supporting your body's natural detox processes.



Preparation time: 5 mins | Servings: 4



Ingredients

- 1 bunch cilantro, stems included
- 1 lemon, juiced
- 1 large knob of ginger
- 1 avocado
- 1 tsp sea salt
- 1 tsp cumin
- 1 tbsp apple cider vinegar
- ½ tbsp raw honey, or maple syrup
- 2 tbsp extra virgin olive oil
- 2 tbsp Dijon mustard
- 2 tbsp water, to thin
- Black pepper, to taste
- 1 tbsp nutritional yeast (optional)
- 2 scoops L-Glycine Powder
- 2 scoops Fibre Feel

Method

1. Add all ingredients to a high speed blender, and pulse until smooth and creamy.
2. Pair with your favourite salad, sandwich, or pasta, and enjoy immediately!

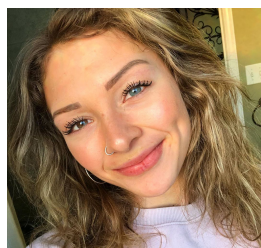
Storage Instructions:

Store in airtight container in the fridge up to 1 week.

Featured Products



Developed by: Nicole Bowman



As a fitness and health enthusiast, Nicole combines her background in Human Nutrition with her passion for cooking to create delicious treats with functional benefits.

